

Surname	First Name	No.	Club	Category
Ainsley	Paige	437	Run Eat Sleep	F
Alder	James	184		M
Allan	David	209	Elswick Harriers	MV40
Allan	Lisa	210	Elswick Harriers	FV40
Allan	Tess	247	Alnwick Harriers	FV55
Allan	James	428	Alnwick Harriers	MV55
Allan	Ethan	429	Alnwick Harriers	M
Allwood	Tom	112		M
Amor	David	313	Jarrow & Hebburn AC	MV45
Amor	Helen	315		FV45
Anderson	Helen	364		FV45
Ashcroft	Colin	402		MV55
Ashmore	Ben	165		M
Astbury	Sid	133		MV75
Astley	Lucy	399		FV35
Atkinson	Paula	101	Run Eat Sleep	FV50
Atwell	Cris	287	Alnwick Harriers	MV65
Aubrey	Denise	119		FV65
Bailey	Ali	388	Summitz	M
Baker	Olivia	146	Heaton Harriers & AC	F
Ball	Kevin	27	Run Eat Sleep	MV55
Ball	Kieron	249		M
Ball	Grace	354	Run Eat Sleep	F
Banks	Timothy	132		MV40
Banks	Paul	256		MV55
Banks	Tony	288	Fordy Runs Running Club	MV50
Banks	Andrea	289	Fordy Runs Running Club	FV50
Barber	Richard	308		MV60

Barclay	Bethany	381	Ashington Hirst Running Club	F
Barnes	Sue	31	Run Eat Sleep	FV70
Barrow	Isabel	144	Town Moor Bench Runners	FV55
Bastien-Langham	Agnes	78	Blackhill Bounders	FV50
Battersby	Alexandra	358	Tyne Bridge Harriers	FV40
Bays	Michelle	322	South Shields Harriers & AC	FV60
Beard Foden	Kelly	392	South Shields Harriers & AC	FV45
Beaufort-Jones	Jonathan	331	Elvet Striders	MV40
Beavers	Tracey	125	Run Eat Sleep	FV55
Bell	Andrew	40		MV35
Bell	Matthew	120		MV45
Bell	Kaine	204		M
Berrisford	Zoe	72		F
Berrisford	Richard	73		MV35
Bibby	Sarah	108	Redcar Running Club	FV45
Black	Claire	147	South Shields Harriers & AC	FV40
Black	Duncan	235		MV50
Blain	Rebecca	294	Tyne Bridge Harriers	F
Bodley	Robert	175		MV50
Bone	Elizabeth	19		FV55
Bowens	Helen	275	Run Eat Sleep	F
Bowley	Jay	206	Jarrow & Hebburn AC	MV50
Brennan	Eve	339	Run Eat Sleep	F
Briggs	Michael	277	Run Eat Sleep	MV35
Brotherton	Victoria	314		FV45
Brown	Debbie	91	East Durham Running Club	FV50
Brown	Caroline	223	Sunderland Strollers	FV50
Brown	Dainee	230		FV35
Brown	Linzi	327	Run Eat Sleep	FV40

Brown	Julie	341	Run Eat Sleep	FV40
Bulman	Macy	303	Run Eat Sleep	F
Burdon	Thomas	383		M
Burke	Ross	42	Run Eat Sleep	M
Butler	Jill	29		FV35
Callander	Georgia	276	Run Eat Sleep	F
Cansfield	Ian	170		MV50
Capewell	Steph	306		F
Carlon	Stephanie	205		F
Cattanach	Katie	9	Run Eat Sleep	F
Cave	Ashley	401	South Shields Harriers & AC	FV40
Charlton	Aaron	65	Suncity Triathlon	MV35
Charlton	David	264		M
Church	Jamie Lea	55		FV40
Clughen	Susan	446		FV70
Codling	Rebecca	407		F
Cole	Lisa	150		FV45
Cole	Vince	151		MV45
Collins	Beth	1	Run Eat Sleep	F
Collinson	Gary	157		MV55
Conlon	Jonathan	292	Saltwell Harriers	MV45
Cook	Jamara	25	Run Eat Sleep	FV35
Cook	Kelly	98	Low Fell RC	FV45
Cook	Richard	124		MV50
Cooke-Rees	Dee	136	Town Moor Bench Runners	FV40
Cooper	Sam	22	Newburn Running Club	FV55
Cooper	Sarah	203		FV40
Cota	Julie	180		FV35
Cota	Tony	181		MV50

Coyne	Glenn	307		MV35
Craig	Carla	290		FV40
Cranswick	Keith	128	Alnwick Harriers	MV65
Cunliffe	Chris	212		MV55
Curran	Helen	391	Tyne Bridge Harriers	FV50
Dadswell	Ruth	436	Birtley Athletics Club	FV50
Dale	Dave	317	Heaton Harriers & AC	MV50
Dale	Jonathan	320	Heaton Harriers & AC	M
Darcy	Stacey	363		FV40
Davis	Nicola	34	Run Eat Sleep	FV40
Davison	Jenny	74		FV40
Davison	Brooke	375	Ashington Hirst Running Club	F
De Berry	Patrick	390		MV50
Deacon	Gail	11		FV45
Deere	Megan	370	Run Eat Sleep	F
Dennett	Karl	197	Run Eat Sleep	MV60
Dewing	Mary	321		FV35
Dickson	Siobhan	232		FV60
Dimmock	Jonny	56		MV35
Dipper	Andrew	148		MV35
Dixon	Raymond	319	Run Eat Sleep	MV50
Dobson	Lisa	336	Fordy Runs Running Club	FV40
Dockwray	Corrinne	237	Run Eat Sleep	FV50
Dodd	Nathan	47		MV35
Dodd	Chris	360		MV35
Donaldson	Katherine	179	Run Eat Sleep	FV35
Donaldson	Lindsey	201		FV50
Donohoe	Steve	6		MV45
Douglas	Shereen	418	Newburn Running Club	FV45

Douglass	James	274	Run Eat Sleep	M
Dowell	Becca	371		F
Drinkald	Gemma	54	Run Eat Sleep	FV40
Dudgeon	Julie	141		FV60
Edgar	Laura	104		FV35
Edwards	Tara	345	Run Eat Sleep	FV40
Eggleston	Stuart	348	North East Marathon Club	MV50
Elliott	Gemma	8	Run Eat Sleep	F
Elliott	Simon	281	Lonely Goat RC	MV55
Elliott	Laura	443	Run Eat Sleep	F
Emery	Louise	39	Ashington Hirst Running Club	F
English	Kim	111	Run Eat Sleep	FV50
Fairhurst	Keith	279		MV45
Faizi	Nafis	311		MV40
Fearnley	Sarah	213	These Girls Can Run	FV40
Fenn	Brian	183		MV50
Fenwick	Kirsten	241		FV40
Fenwick	Daniel	423	Run Eat Sleep	M
Fletcher	Aaron	387	Saltwell Harriers	MV35
Foster	Simon	285		MV35
Foster	Emma	286		FV35
Fraser	Kim	156		FV55
Frater	Rachael	17		FV35
Gallagher	Naoise	259		F
Genduso	Simon	176	Run Eat Sleep	MV55
George	Ian	177		MV40
Gibson	Nathan	299		MV35
Gibson	Liam	310	Run Eat Sleep	M
Gilbert	Daniella	158		FV40

Ginn	Bill	30		MV60
Glass	Stewart	252		M
Glenwright	Jamie	355	South Shields Harriers & AC	MV40
Goff	Iain	351	South Shields Harriers & AC	MV50
Good	Nick	366	Lonely Goat RC	MV35
Goodwin	Julie	115	egness & District Running Cl	FV55
Gordon	John	293		MV40
Gowland	Kate	269		FV35
Graham	Annemarie	4	South Shields Harriers & AC	FV50
Green	Emily	420		FV35
Greenlay	Claire	95		F
Gregg	Andrew	52		MV40
Grieves	Danny	389	Summitz	MV35
Griffiths	Guy	199		MV35
Hall	Mal	178		MV35
Hall	Andrea	222	Run Eat Sleep	FV50
Hall	Rebecca	271	Run Eat Sleep	FV35
Halliday	Phillip	367		M
Hamadi	Amber	421		F
Hamil	Stephen	397	Durham City Harriers & AC	MV50
Hamil	Luke	398	Durham City Harriers & AC	M
Hanson	Lea	86	Run Eat Sleep	FV50
Harbison	Stephen	373		MV40
Harcus	Terry	44	Run Eat Sleep	FV55
Hardie	Ashley	231		FV50
Hargrave	Brian	94		MV45
Harrison	Jemma	159		FV45
Harrison	Richard	261	Sunderland Harriers	MV45
Harrison	Ria	416	Saltwell Harriers	FV35

Harrison	Lee	419		MV45
Hartley	Naomi	13		F
Harvey	Beverley	87		FV60
Harvey	Clare	139	North East Marathon Club	FV55
Hawdon	Sam	393	South Shields Harriers & AC	MV45
Hawdon	Rachel	404	South Shields Harriers & AC	FV40
Hayter	Karen	18		FV50
Hayter	Rachele	140	Town Moor Bench Runners	FV60
Heaney	David	227	Bad Boy Running Club	MV35
Hearl	Julie	88	Redcar Running Club	FV45
Heath	Annie	236	Tyne Bridge Harriers	FV50
Heath	Roger	448	Heaton Harriers	MV55
Henderson	Stacy	171		FV50
Henderson	Sean	295		M
Hendry	Lindsey	328		FV40
Henry	Chloe	169		F
Henry	Michael	449	Alnwick Harriers	MV75
Heron	Gemma	164		F
Heslop	Claire	263	Sunderland Strollers	FV40
Hewitson	Simone	118	Darlo Runners	FV45
Hiamey	Mo	240		M
Hindess	Sarah	63		FV45
Hodgson	Louis	187	South Shields Polytechnic Club	M
Hope	Sharon	123	Run Eat Sleep	FV45
Hope	Mark	439	Wallsend Harriers & AC	MV40
Hosken	David	228	Birtley Athletics Club	MV55
Houghton	David	81		MV45
Howgate	Daniel	32		MV35
Hudspith	Simon	67	Newcastle Frontrunners	MV45

Hunt	Amber	408		F
Hunter	Scott	48		MV35
Isahac	Maria	134		F
Isahac	Ayesha	196		F
Janus	Ewa	291		F
Jenkins	Laurence	376	South Shields Harriers & AC	M
Jerry	Andrew	100		MV40
Johanson	Juliet	80	Red Kite Runners	FV45
Johnson	Alison	116	Ashington Hirst Running Club	FV55
Johnson	Paul	117		MV55
Johnson	Ben	220	Widnes Running Club	M
Johnson	Bridget	221		F
Johnson	Gillian	270	Elswick Harriers	FV35
Johnston	Donna	282		FV55
Johnston	Anna	283		F
Jonane	Dana	253	Sheffield RC	FV40
Jones	Kevin	211		MV65
Jordan	Jonathan	425		M
Kay	Elliot	447		M
Keegan	Kurt	238		M
Kennedy	Laura	41		FV35
Kerr	Paul	97	South Shields Harriers & AC	MV50
Kettle	Stephen	396	Tyne Bridge Harriers	MV55
Khanom	Hasina	323	Sunderland Strollers	FV40
Kidger	Mark	82	Jarrow & Hebburn AC	MV55
King	Melanie	16		FV50
King	Ricky	35		MV45
Kingdon	Antony	122		MV45
Kirk	Natasha	109		F

Kirton	Nathan	382	Gateshead Harriers & AC	M
Knox	James	239		MV40
Lalor	Jo	304		FV45
Lancaster	Lyndsey	57		FV45
Langham	Andrew	79	Blackhill Bounders	MV45
Lauder	Kellie	258	Crook & District AC	FV45
Laverick	Kieren	24	Run Eat Sleep	M
Laws	Chris	49		MV40
Laybourne	Angela	403		FV45
Leckey	Deborah	21	Newburn Running Club	FV55
Lees	James	361		M
Letherland	Peter	75	No Club Running Club	MV55
Liddle	Debbie	207		FV55
Linfoot	Deanna	70	Fordy Runs Running Club	FV55
Liscombe	Damon	300		M
Lishman	Luke	242	Run Eat Sleep	MV35
Lloyd	Keith	297		MV40
Lockney	Kris	385	Run Eat Sleep	MV40
Lonsdale	Davina	343	Blyth Running Club	FV60
Lonsdale	Adele	344	Blyth Running Club	FV55
Lovatt	Michelle	325	Run Eat Sleep	FV60
Lumsden	Mark	53	Lonely Goat RC	MV55
Lynch	Gemma	445	Tyne Bridge Harriers	FV40
Malcolm	Gillian	15	Run Eat Sleep	FV45
Marshall	Abbie	272	South Shields Harriers & AC	F
Marshall	Kirstie	338		FV35
Martin	Michael	245		M
Matheson	Andy	334		M
Maughan	Ryan	248	South Shields Tri	M

May	Simon	433	South Shields Harriers & AC	MV50
McCallum	Sharon	268	South Shields Harriers & AC	FV40
Mccudden	Simon	225	Ripon Runners	MV65
Mcdermont	Michael	352	Jarrow & Hebburn AC	M
McDonald	Samantha	105		FV35
McDonald	Martin	106		MV40
Mcdowell	Vicki	337		FV40
McGann	Lauren	329	Run Eat Sleep	F
McGinn	Peter	192		MV40
McGinnis	Craig	342		MV40
McKelvey	Penny	191		F
Mckenny	Amy	121	Best Athletics	FV40
McLaughlin	Jason	357		MV55
McNeill	Joanna	309	Saltwell Harriers	F
Melody	Louise	219	Tyne Bridge Harriers	FV45
Melot-Zuniga	Virginie	316	Run Eat Sleep	FV40
Melvin	Jon	20		MV40
Melvin	Paul	96		MV50
Miller	Amy	188		FV35
Mitchinson	Zarra	160		FV35
Modral	Bethan	296		F
Molyneux	Sidney	71	Northern Masters AC	MV75
Money	David	229	Birtley Athletics Club	MV50
Morton	Darren	46		MV50
Morton	Phill	190		MV40
Munday	Alice	145		F
Munro	Pamela	12	Ripon Runners	FV70
Nellist	Katie	50	Run Eat Sleep	F
Nelson	Lewis	5	Jarrow & Hebburn AC	M

Nelthorpe	Sam	278	Run Eat Sleep	M
Nemeth	Michelle	161	Tyne Bridge Harriers	FV50
Nemeth	Michael	162	Tyne Bridge Harriers	MV40
Newton	Dale	76		M
Newton	Ashleigh	233	South Shields Harriers & AC	F
Nicholson	Kat	368	Rudhoe Plodders Running Club	FV50
Nicholson	Grace	435	Derwent Valley Running Club	F
Nixon	Hayley	185	Run Eat Sleep	FV40
O'Neil	Alice	68		F
O'Neil	Simon	69		MV55
O'Neill	Zoe	405		FV45
O'Reilly	Mick	131		MV65
O'Sullivan	David	218	No Club Running Club	MV45
Offord	Nicola	254		FV45
Ogilvie	Kevin	103		MV40
Ogilvie	Jennie	359		F
Olds	Gillian	92		FV60
Olds	Richard	93		MV60
Oreilly	Martin	138		MV35
Owen	Bethan	394	South Shields Harriers & AC	F
Oxley	Beth	265		F
Pankhurst	Catherine	409	Derwentside AC	FV45
Parker	Jemma	372	Red Kite Runners	FV40
Parker	Emma	413	Derwentside AC	FV50
Patterson	Amy	234		F
Peters	Caroline	66		FV45
Pike	Grace	442	Run Eat Sleep	F
Pitchford	James	378		MV45
Plews	Debra	166		FV55

Poll	Natalie	200		F
Pressling	Pippa	26		F
Price	Louise	152		FV35
Proud	Bryan	330		MV40
Punton	Ross	411	Run Eat Sleep	MV35
Purvis	Andrew	410	Run Eat Sleep	M
Raisbeck	Jamie	302		M
Ramsey	Robert	99	South Shields Harriers & AC	MV35
Raza	Forid	324		MV40
Redhead	Charlotte	365	Heaton Harriers & AC	FV35
Rees	Geth	135	Lonely Goat RC	MV45
Renno	Helen	37		FV40
Renno	Paul	38		MV40
Ribeiro	Antonio	386	Derwentside AC	MV55
Ridgeon	Amy	326	Run Eat Sleep	FV40
Ridgeon	Rose	333		F
Ridley	David	346	Jarrow & Hebburn AC	MV35
Riley	James	43	Run Eat Sleep	M
Riley	Melanie	114	Crook & District AC	FV35
Roberts	Anthony	384		MV35
Roberts	Jamie	431		MV35
Robinson	Vanessa	2	Run Eat Sleep	FV45
Robinson	Ken	113	Run Eat Sleep	MV60
Rodden	Debbie	154		FV50
Rogan	Emma	102		F
Rogers	Melanie	126	Run Eat Sleep	FV55
Rowe	Luke	208		M
Rowley	Sarah	215		FV45
Roxburgh	Erin	189		FV40

Rubens	Kris	335		MV40
Rutter	Emma	33		FV45
Samusodza	harmaine Sharo	193		F
Savage	Lesley	153		FV40
Sawosko	Sylvia	260	Run Eat Sleep	FV45
Sclanders-Bell	Laura	174		FV40
Scott	Carly	61		FV50
Scott	Sadie	62		F
Scott	Victoria	129		FV35
Scott	Peter	130		MV35
Scott	Graeme	246	Run Eat Sleep	MV40
Scott	Johnpaul	380		MV50
Scott-Jones	Adam	415	Tyne Bridge Harriers	MV45
Seales	Marnie	340		F
Sewell	Emma	10		FV35
Sewell	Kelly	266		F
Short	Sarah	412	Saltwell Harriers	FV50
Shorthouse	Kate	182		FV40
Sinton	Jill	438	Jarrow & Hebburn AC	FV40
Slack	Richard	400	South Shields Harriers & AC	MV60
Smith	Curtis	84		M
Smith	Abbie	85		F
Smith	Debra	155		FV55
Smith	Brian	168		MV55
Smith	Ann	194	Claremont Road Runners	FV55
Smith	Eddie	195	Claremont Road Runners	MV60
Smith	Kelly	243	Run Eat Sleep	FV35
Smith	Anne	312		FV50
Smyth	Eilidh	149		F

Spann	Neil	414	Run Eat Sleep	MV50
Spoors	Andrew	301		MV35
Standen	Liam	173	Run Eat Sleep	M
Stanners	Caitlin	89		F
Steer	Mel	374	Alnwick Harriers	FV55
Stephenson	Charlie	7	Fordy Runs Running Club	FV35
Stephenson	Lorna	216	Alnwick Harriers	FV55
Stephenson	Ian	217	Alnwick Harriers	MV65
Stephenson	Rachel	377	Alnwick Harriers	F
Stevenson	Kathryn	267	Tyne Bridge Harriers	FV50
Stewart	Michaela	58	Handsworth Roadhogs	FV35
Stewart	Robert	59	Run Eat Sleep	MV35
Stewart	James	434	forth Harriers and Athletics C	M
Stockton	Cj	51		FV45
Stokes	Nicola	280	Run Eat Sleep	FV35
Stokoe	Peter	318		MV35
Stothard	Rachel	298		FV35
Stothard	Simon	356		MV35
Stott	Michael	440	Blyth Running Club	MV40
Stott	Michael	441	Blyth Running Club	MV40
Studholme	Kayleigh	172		FV35
Suggett	Jill	369		FV35
Svanetti	Antonia	142	Run Eat Sleep	F
Taylor	Claire	90	Claremont Road Runners	FV50
Taylor	Charlotte	198		F
Taylor	Alyson	424		FV50
Telford	Liam	64	Run Eat Sleep	M
Thomas	Rhys	422		MV45
Thompson	Claire	14	Derwent Valley Running Club	FV40

Thompson	Nick	28	Run Eat Sleep	M
Thompson	Richard	214		MV60
Thompson	Adam	444		MV40
Thornton	Andrew	395	Jarrow & Hebburn AC	MV35
Todd	Simon	332	Run Eat Sleep	MV35
Tollerton	Adam	417	Run Eat Sleep	M
Troughton	Laura	110		FV40
Tully	Marie	137	Run Eat Sleep	FV55
Tunstall	Alex	163		M
Turnbull	Danielle	244		F
Turner	Claire	127	Blyth Running Club	FV45
Tweedy	Ross	379		M
Tyrrell	Paul	350	Jarrow & Hebburn AC	MV40
Unthank	Joanna	305		FV45
Unwin	Sarah	250		FV35
Ventress	Ben	284		MV35
Vincent	Angus	353		MV55
Wade	Heather	3	Run Eat Sleep	FV40
Walker	Clair	60	Sedgefield Harriers	FV50
Walker	Clare	257		FV45
Wallace	Tyler	273	South Shields Harriers & AC	M
Wardale	Graeme	362		MV50
Wardle	Kim	450		
Watson	Peter	36		MV40
Watson	Stephen	83		MV55
Watson	Mark	186		MV40
Watson	Kate	255	Red Kite Runners	FV60
Webber	Joanne	107	Elswick Harriers	FV50
Weightman Edge	Helen	23	Run Eat Sleep	FV60

Welch	Sarah	349		FV40
Whitelaw	Claire	77	Tyne Bridge Harriers	FV50
Wiberg	Autumn	430		F
Wiberg	Michelle	432		FV55
Wicks	Gemma	202		FV40
Williams	Holly	251	Elvet Striders	F
Wilson	Rachel	45		FV40
Wilson	Emma	262		FV45
Windle	Christopher	426	Alnwick Harriers	MV60
Windle	Katherine	427	Alnwick Harriers	FV55
Windsor	Ian	224	Blyth Running Club	MV45
Wood	Andrew	347	NEMC	MV50
Wright	Nicola	226		FV35
Wynne	Claire	406		FV50
Yansley	Adam	143		M
Younger	Yasmin	167		F