

The Monthly Mile January 2025 (provisional for 24 hours)

Position	No.	Name	Club	Time	Gender
1	3	Sparrow Morley	Tyne Bridge Harriers	00:04:52	M
2	5	Ryan Stewart	South Shields Harriers	00:05:03	M
3	15	Jonny Malley	North Shields Poly	00:05:18	M
4	4	Gregory Penn	North Shields Poly	00:05:47	M
5	17	Wendy Chapman	Sunderland Strollers	00:06:01	F
6	8	Ross Robertson	Northumberland Fell Runners	00:06:09	M
7	24	Jess Heyworth	Saltwell Harriers	00:06:10	F
8	18	Rachel Pullan	Sunderland Strollers	00:06:22	F
9	9	Iain England	RES Run Club	00:06:25	M
10	21	Andrew Davies	Elvet Striders	00:06:27	M
11	16	Paul Havis	Unattached	00:06:44	M
12	29	Phil McCluskey	Houghton Harriers	00:06:48	M
13	11	Jack Hawkins	RES Run Club	00:06:54	M
14	1	Michael McNally	Jarrow and Hebburn	00:07:02	M
15	6	Alister Robson	Fetch Everyone	00:07:04	M
16	23	Peter Harris	RES Run Club	00:07:07	M
17	2	Michael Effard	RES Run Club	00:07:52	M
18	20	Neil Reay	RES Run Club	00:08:02	M
19	10	Sophie Hawkins	RES Run Club	00:08:22	F
20	19	Jamie Blackwood	RES Run Club	00:08:24	M
21	7	Kim English	RES Run Club	00:08:27	F
22	14	Corrinne Dockwray	Unattached	00:08:28	F
23	27	Jackie Johnson	RES Run Club	00:08:36	F
24	22	Mark Padley	RES Run Club	00:09:07	M
25	25	Ross Punton	RES Run Club	00:09:20	M
26	13	Tammy Cook	RES Run Club	00:10:35	F
27	26	Michael Wisely	NEVAC	00:11:42	M
28	28	Danielle Barras	Friendly Running Club	00:12:00	F
29	12	Alexandra Ingram	Unattached	00:12:45	F