

The Monthly Mile November 2023 (provisional for 24 hours)

Position	No.	Name	Club	Time	Gender
1	425	Sparrow Morley	Tyne Bridge Harriers	00:04:43	M
2	299	Liam McDonogh	Alnwick Harriers	00:04:50	M
3	965	Freddie Palmer	Tyne Bridge Harriers	00:04:51	M
4	287	Sam Wood	Tyne Bridge Harriers	00:04:58	M
5	294	Fraser Bigg	Tyne Bridge Harriers	00:05:01	M
6	246	Nick Biggers	Alnwick Harriers	00:05:02	M
7	284	Jonny Malley	North Shields Poly	00:05:06	M
8	347	Chris Pickersgill	Sunderland Strollers	00:05:33	M
9	285	Dan Anderson	Sunderland Strollers	00:05:35	M
10	279	Laurentiu Craciunas	Tyne Bridge Harriers	00:05:36	M
11	43	Anthony Tait	Tyne Bridge Harriers	00:05:36	M
12	280	Stephen Kettle	Tyne Bridge Harriers	00:05:36	M
13	345	Neil Procter	Sunderland Strollers	00:05:39	M
14	286	Kathryn Stevenson	Tyne Bridge Harriers	00:05:44	F
15	253	Ian McAlpine	Unattached	00:05:47	M
16	274	Richard Barker	Sunderland Strollers	00:05:51	M
17	343	Kirsty Lowery	Sunderland Strollers	00:05:53	F
18	67	Wendy Chapman	Sunderland Strollers	00:06:02	F
19	291	Thomas Page	Jarrow and Hebburn	00:06:11	M
20	937	Paul Havis	Unattached	00:06:12	M
21	168	Rachel Pullan	Sunderland Strollers	00:06:14	F
22	66	Thomas Campbell	RES Run Club	00:06:15	M
23	289	Ritchie Gerry	Sunderland Strollers	00:06:17	M
24	305	Ruby Ditchburn	Tyne Bridge Harriers	00:06:18	F
25	296	Charlie Kilgour	Tyne Bridge Harriers	00:06:20	M
26	439	Jess Heyworth	Saltwell Harriers	00:06:23	F
27	170	John Dobbs	Unattached	00:06:24	M
28	257	Melina Bourgenot-Lewis	Tyne Bridge Harriers	00:06:28	F
29	460	Tamsin Edey	Kingston Upon Hull AC	00:06:30	F
30	380	Darren Jarrett	Sunderland Strollers	00:06:33	M
31	355	Nikolaos Zdoukopoulos	Tyne Bridge Harriers	00:06:36	M
32	241	Laura Havis	Middlesbrough AC	00:06:39	F
33	298	Chris Day	Sunderland Strollers	00:06:40	M
34	490	Kayleigh Pickersgill	Sunderland Strollers	00:06:42	F
35	282	Melissa Kane	RES Run Club	00:06:43	F
36	275	Chris Grassam	Sunderland Strollers	00:06:43	M
37	465	Jon Murphy	Unattached	00:06:44	M
38	763	Sebastian Gregg	Unattached	00:06:46	M
39	713	Daniel Gregg	Unattached	00:06:46	M
40	985	Iain England	Unattached	00:06:49	M
41	281	Hayley Nixon	RES Run Club	00:07:00	F
42	288	Gina Ruffin	Unattached	00:07:01	F
43	281	Alister Robson	Fetch Everyone	00:07:01	F
44	302	Adeline Bourgenot-Lewis	Tyne Bridge Harriers	00:07:07	F
45	283	Harry Collier	Unattached	00:07:17	M
46	453	Brian Dugan	Sunderland Strollers	00:07:23	M
47	309	Marc Stubbs	Sunderland Strollers	00:07:26	M
48	548	Jackie Johnson	RES Run Club	00:07:29	F
49	276	Judith Grassam	Sunderland Strollers	00:07:42	F
50	282	Eddie Collier	Unattached	00:07:46	M
51	297	Holly Carruthers	Low Fell RC	00:07:47	F
52	283	Laura Knowles	RES Run Club	00:07:50	M
53	295	Kirsteen Kilgour	Unattached	00:07:57	F
54	356	Nicola Hern	Sunderland Strollers	00:08:06	F
55	315	Melanie Riley	Crook & District AC	00:08:10	F

56	320	Nicola Maw	Sunderland Strollers	00:08:19	F
57	278	Natalie Walters	Ponteland	00:08:39	F
58	269	Ross Punton	RES Run Club	00:08:45	M
59	447	Liz Coley	Sunderland Strollers	00:08:58	F
60	561	Neil Reay	RES Run Club	00:09:03	M
61	290	James Edey	Kingston Upon Hull AC	00:09:08	M
62	459	Matt Edey	Beverley AC	00:09:10	M
63	260	Dennis Patterson	Ponteland Runners	00:09:16	M
64	293	Edward Tait	Unattached	00:09:46	M
65	292	Louise Page	Unattached	00:11:17	F
66	277	Michelle Donnelly	Sunderland Strollers	00:13:14	F
67	397	Andy Russell	RES Run Club	00:14:13	M