

The Monthly Mile October 2022 (provisional)

Position	No.	Name	Club	Time	Gender
1	591	Jonny Malley	Gateshead Harriers	00:05:14	M
2	965	Freddie Palmer	Tyne Bridge Harriers	00:05:20	M
3	946	Paul Andrews	GoodGym	00:05:21	M
4	945	Stuart Collier	Gateshead Harriers	00:05:31	M
5	28	Iain Dalby	South Shields Harriers	00:06:03	M
6	170	John Dobbs	Unattached	00:06:13	M
7	937	Paul Havis	Unattached	00:06:15	M
8	986	Chris Elliott	RES Run Club	00:06:17	M
9	935	Gordon Bird	Unattached	00:06:18	M
10	619	Jonathan Gledhill	Saltwell Harriers	00:06:18	M
11	53	Daniel Smith	Unattached	00:06:21	M
12	39	Phil Wakinshaw	RES Run Club	00:06:23	M
13	288	Andrew Davies	Elvet Striders	00:06:25	M
14	929	Jon Murphy	Unattached	00:06:40	M
15	54	Phil McCluskey	Houghton Harriers	00:06:42	M
16	944	Jessica Barrett	Gateshead Harriers	00:06:44	F
17	267	Paul Davy	Unattached	00:06:46	M
18	1	Rachel Dugan	Sunderland Strollers	00:06:49	F
19	618	Jess Heyworth	Saltwell Harriers	00:06:57	F
20	985	Ian England	Unattached	00:07:03	M
21	23	Chris Parkin	Tyne Bridge Harriers	00:07:04	M
22	11	Chris Grassam	Sunderland Strollers	00:07:08	M
23	20	Les Hill	Dumfries Running Club	00:07:16	M
24	4	Brian Dugan	Sunderland Strollers	00:07:18	M
25	52	Ian Prime	Unattached	00:07:23	M
26	763	Sebastian Gregg	Unattached	00:07:26	M
27	713	Daniel Gregg	Unattached	00:07:26	M
28	923	Peter Harris	RES Run Club	00:07:34	M
29	293	Melanie Riley	Crook & District AC	00:07:42	F
30	37	Loyal Dube	Unattached	00:07:44	F
31	16	Judith Grassam	Sunderland Strollers	00:07:44	F
32	804	Francesca Metcalfe	Unattached	00:08:05	F
33	290	Colin Reay	Aurora	00:08:28	M
34	269	Ross Punton	RES Run Club	00:08:30	M
35	976	Denise Patterson	RES Run Club	00:09:09	F
36	841	Leo Finnerty	Unattached	00:09:24	M
37	611	Carla Craig	Unattached	00:09:24	F
38	62	Janice Wilkinson	RES Run Club	00:09:51	F
39	56	Katie Wilkinson	RES Run Club	00:09:52	F
40	771	Mark Ashcroft	Unattached	00:10:03	M
41	962	Michael Wisely	NEVC	00:10:29	M
42	988	Frances Collier	Unattached	00:10:55	F
43	291	Nicola Davis	RES Run Club	00:11:29	F
44	297	Alexandra Ingram	Unattached	00:11:49	F
45	529	Leona Ashcroft	Unattached	00:12:55	F
46	295	Tammy Cook	RES Run Club	00:12:56	F
47	548	Jackie Johnson	RES Run Club	00:13:05	F