

Pos.	No.	First Name	Surname	Club	Time
1	183	Sparrow	Morley	Tyne Bridge Harriers	4.49
2	939	Connor	Braithwaite	Tyne Bridge Harriers	4.51
3	954	Zak	Kettle	Tyne Bridge Harriers	4.56
4	953	Chris	Stockdale	Tyne Bridge Harriers	4.57
5	948	John	Cook	Sunderland Strollers	4.58
6	299	Matthew	Burton	South Shields Harriers	5.06
7	950	Richard	Harrison	Jarrow and Hebburn	5.07
8	591	Jonny	Malley	Gateshead Harriers	5.13
9	270	Richard	Tailford	Tyne Bridge Harriers	5.14
10	951	Stephen	Harbison	Jarrow and Hebburn	5.17
11	946	Paul	Andrews	GoodGym	5.22
12	956	Jake	Moir	Tyne Bridge Harriers	5.38
13	945	Stuart	Collier	Gateshead Harriers	5.41
14	955	Stephen	Kettle	Tyne Bridge Harriers	5.53
15	937	Paul	Havis	Unattached	5.57
16	949	Daniel	Burton	South Shields Harriers	6.01
17	952	Hayden	Steven	South Shields Harriers	6.04
18	935	Gordon	Bird	Unattached	6.07
19	898	Alexa	Reid	Jarrow and Hebburn	6.07
20	897	Paul	Emmerson	Jarrow and Hebburn	6.08
21	619	Jonathan	Gledhill	Saltwell Harriers	6.11
22	170	John	Dobbs	Unattached	6.13
23	944	Jessica	Barrett	Gateshead Harriers	6.20
24	938	Laura	Havis	Middlesbrough AC	6.26
25	284	Joe	Collier	Unattached	6.33
26	642	Bob	Weightman	Jarrow and Hebburn	6.35
27	947	Neve	King Jones	Jarrow and Hebburn	6.39
28	268	Raymond	Maddison	RES Run Club	6.42
29	281	Alistair	Robson	Fetch Everyone	6.44
30	929	Jon	Murphy	Unattached	6.54
31	618	Jess	Heyworth	Saltwell Harriers	6.56
32	267	Paul	Davy	Unattached	6.59
33	617	Lewis	Craig	Unattached	7.10
34	606	Ismael	Dembele	South Shields Harriers	7.11
35	293	Melanie	Riley	Crook & District AC	7.11
36	282	Eddie	Collier	Unattached	7.16
37	961	Les	Armstrong	Unattached	7.16
38	936	Robert	Clark	Unattached	7.18
39	923	Peter	Harris	RES Run Club	7.21
40	527	Jamie	Ailano	RES Run Club	7.36
41	610	Fran	Dembele	South Shields Harriers	7.41
42	548	Jackie	Johnson	RES Run Club	7.44
43	940	Phillip	English	GoodGym	7.45
44	943	Gary	Kinghorn	Unattached	7.46
45	269	Ross	Punton	RES Run Club	7.54
46	804	Francesca	Metcalf	Unattached	8.02
47	615	Jack	Craig	Unattached	8.18
48	957	Emma	Moir	Tyne Bridge Harriers	8.39

49	561	Neil	Reay	RES Run Club	8.51
50	296	Lee	Christopher Scott	Unattached	8.58
51	294	David	Finnerty	RES Run Club	8.59
52	611	Carla	Craig	Unattached	9.17
53	771	Mark	Ashcroft	Unattached	9.19
54	925	Steve	Renno	Unattached	9.22
55	958	Bridie	Romano	RES Run Club	9.55
56	849	Gillian	Hepplewhite	South Shields Harriers	10.01
57	962	Michael	Wisely	NEVC	10.38
58	681	Sarah	Manning	RES Run Club	11.14
59	291	Nicola	Davis	RES Run Club	11.32
60	283	Harry	Collier	Unattached	11.40
61	941	Debbie	English	GoodGym	11.47
62	942	Tanya	Johnson	GoodGym	12.04
63	295	Tammy	Cook	RES Run Club	12.13
64	529	Leona	Ashcroft	Unattached	12.14
65	297	Alexandra	Ingram	Unattached	12.27
66	960	Sophie	Dockwray	RES Run Club	13.08
67	959	Corrine	Dockwray	RES Run Club	13.09
68	841	Leo	Finnerty	Unattached	13.47
69	524	Lisa	Seales	RES Run Club	13.47